

What are the exceptions to confidentiality?

We have a duty to make sure information is shared with other professionals if we are concerned about significant risk, to either yourself or to other adults or children.

We will help and encourage you to talk to other professionals about your situation and we will discuss any action we take with you whenever possible.

There are also situations where we would need to break confidentiality if we become aware of criminal activity.

If you would like to discuss any of these issues further please speak to us.

You may also find it helpful to view the Trust website page on data protection and accessing your health records found in the links -

<https://www.bradfordhospitals.nhs.uk/our-trust/our-policies-and-procedures/>

<https://www.bradfordhospitals.nhs.uk/our-trust/freedom-of-information/>

Our Address -

Clinical Health Psychology
St Luke's Hospital
Little Horton Lane
Bradford BD5 0NA

Tel: 01274 365176

People with hearing and speech difficulties

You can contact us using the Relay UK app. Textphone users will need to dial 18001 01274 365176

Bradford Teaching Hospitals NHS Foundation Trust is a smoke-free organisation. You are not permitted to smoke or use e-cigarettes in any of the hospital buildings or grounds.

If you need this information in another format or language, please ask a member of staff.



Bradford Teaching Hospitals
NHS Foundation Trust

Confidentiality in...

Clinical Health Psychology

This leaflet tells you about confidentiality in Clinical Health Psychology

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When you see a therapist or clinician in our department you can expect that what you talk about is kept private and treated respectfully.

We will talk to you about confidentiality at your first appointment.

What information is held about me in Clinical Health Psychology?

In line with Trust policies and guidance, your basic details (for example your name, address, GP and contact information) will be kept on secure electronic databases in the Clinical Health Psychology Department.

A record of the issues you have talked about with your clinician will be kept in a paper file, which is required as part of our professional and Trust data keeping standards. This is a separate file from your Electronic Patient Records (EPR). It will also contain your referral letter and any other relevant information.

If you would like to access information in this file please speak to your clinician who can advise you how to do this. No other person outside of our department can read this file, other than in rare cases, such as court proceedings. You may, however, request letters or reports to be provided for other professionals or external agencies.

Will other health professionals know I am seeing a psychologist or counsellor?

This will be talked through with you when you come to your first appointment. We will usually write to the relevant hospital team(s) involved in your care and your GP, about the care you are receiving from our service. You are welcome to have copies of any letters that we write about you. We may also use SystmOne to communicate to your health care team.

We have clinical supervision which means that we meet with another experienced psychological therapist to discuss our work. The same approach to confidentiality is followed in these meetings.

We sometimes talk with medical teams in the hospital, for example to help them understand the effect of a person's illness on their life. Any information shared will be on a need-to-know-basis. We would discuss this with you and if there is any information that you would rather not be shared then we can talk this through.

If you are an in-patient in hospital then we will also communicate with your medical teams by making an entry on your Electronic Patient Record (EPR). This would be to acknowledge and record our involvement and we would only share information that is relevant and helpful to your care. We will always endeavour to discuss this with you first.