MEDTRONIC **CARELINK™** PERSONAL GUIDE BOOK

FOR THE MINIMED™ 780G SYSTEM

Medtronic CareLink™ Personal software
Anytime, Anywhere

PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS

Medtronic

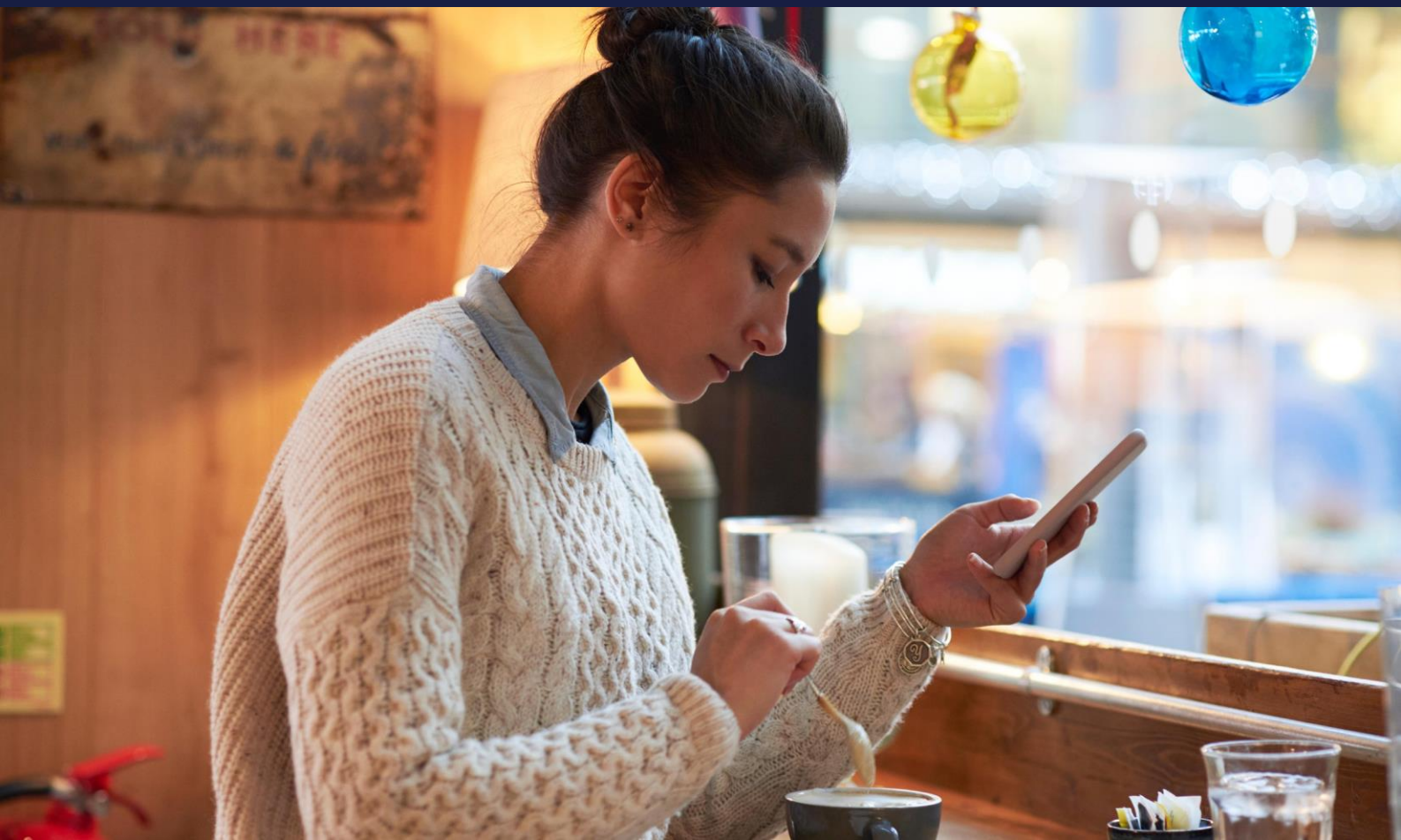
HOW TO USE
THIS GUIDE BOOK

WELCOME

This guide book has been produced to enable you to get the most out of your CareLink™ Personal software.

Data has shown that those who upload to CareLink™ software achieve a better HbA1c than those who don't.[1,2]

PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS



GUIDE
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BENEFITS OF
CARELINK™ PERSONAL SOFTWARE

WHAT IS
CARELINK™ PERSONAL SOFTWARE?

CareLink™ Personal software is a Medtronic web based diabetes data management platform for patient/carer use at home. It takes all the data from your Medtronic diabetes insulin pumps, continuous glucose monitors and compatible blood glucose meters and stores it online for your use.

WHY USE
CARELINK™ PERSONAL SOFTWARE?

- Abilty to track your personal progress and trends with CareLink™ software reports.
- Back up your settings.
- Prepare for and speed up visits with your healthcare team
- Ability to share your data with your healthcare team without going to see them.
- Connect with the MiniMed™ Mobile app to upload and view your data via your compatible smart phone.

PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS

WATCH OUR VIDEO HERE

FIND OUT MORE

https://carelink.minimed.eu

YOUR
CARELINK™ PERSONAL SOFTWARE

THIS GUIDEBOOK BELONGS TO

MY CARELINK™ PERSONAL SOFTWARE BENEFITS

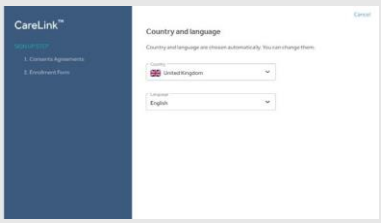
MY CARELINK™ PERSONAL SOFTWARE NOTES

REGISTERING
YOUR ACCOUNT

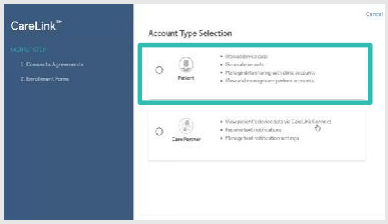
SIMPLE PROCESS TO REGISTER YOUR ACCOUNT

OR WATCH OUR VIDEO HERE

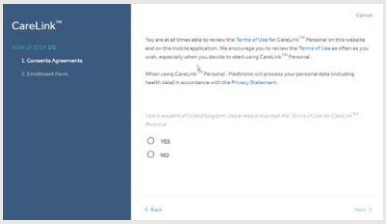
1 Go to Carelink.minimed.eu
Select your country and prefered language and click on 'Create an account'.



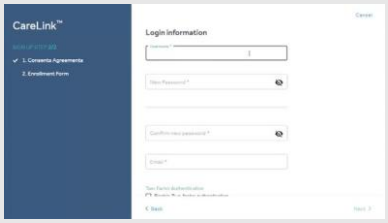
2 Confirm your language and country.



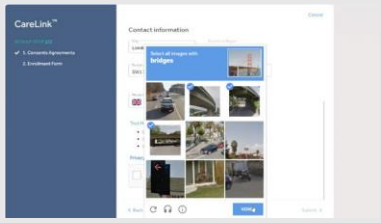
3 Select 'Patient' as your account type and click 'Next'.



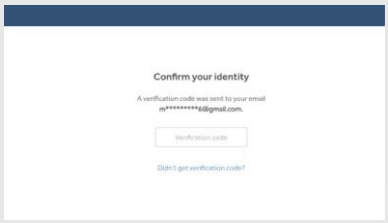
4 You will be taken through the consent process and your consent is required for account set up. Please ensure you scroll down to the bottom of the pages and make your selection.



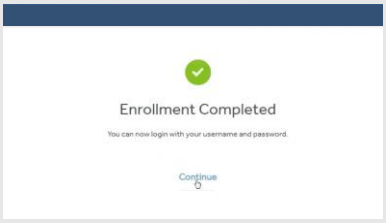
5 Please fill in the information in the fields provided. Tip: the password must be at least 8 characters.
You must have access to the email entered for account verification.



6 Confirm 'You are not a robot' by selecting the images as instructed.



7 Enter the verification code you received via email.



8 Your enrollment is now complete.

SETTING UP & USING
THE MINIMED™ MOBILE APP

IS MY PHONE COMPATIBLE?
CLICK HERE TO FIND OUT.

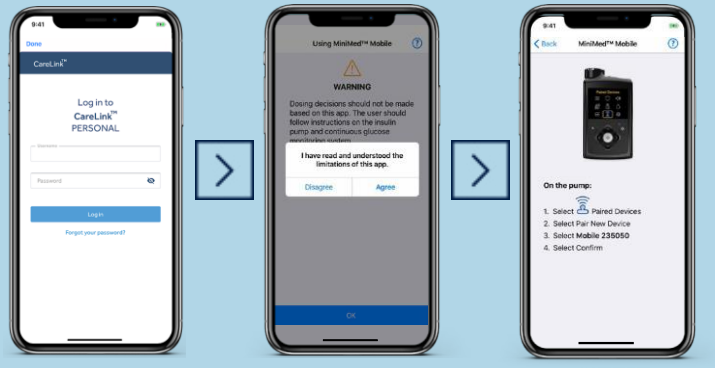
PREFER TO WATCH A VIDEO?
CLICK HERE

1 **DOWNLOAD THE MINIMED™ MOBILE APP** on the Apple® or Google Play™ app store

2 **FOLLOW THE PROMPTS** on the screen that explain how the app works

3 **CREATE OR SIGN INTO YOUR CARELINK™ PERSONAL ACCOUNT**

4 **TAP AGREE** To proceed through the end user agreements and consents

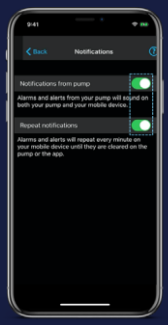


5 **PAIR THE APP WITH YOUR PUMP** by following the instructions

6 **READ THE DOSING DISCLAIMER** that states dosing decisions should not be made based on the app **then tap agree**

THE APP IS NOW READY TO USE

The app will automatically upload your data to your Carelink™ Personal account



NOTIFICATIONS

Notifications need to be on to receive alerts, alarms, messages and reminders. They will show as banners.

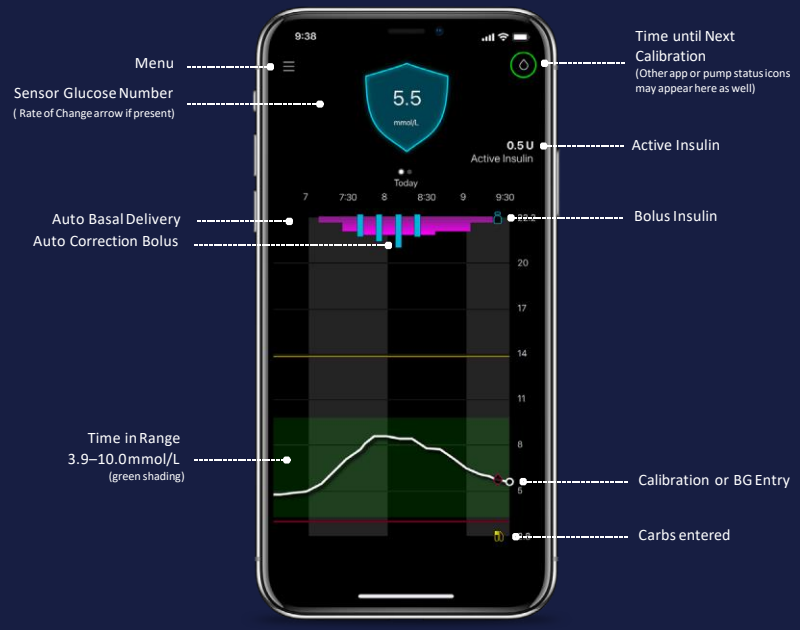
COLOUR CODED NOTIFICATIONS

RED - Alarm
ORANGE - Alert
GREY - Reminder
BLUE - Messages

SWIPE LEFT

App users using a pump and sensor can swipe left to access time in range (TIR) data and graphs for the last 24 hours.

HOME SCREEN VIEW



NOTE - WE RECOMMEND TO TURN OFF YOUR OPERATING SYSTEM AUTO UPDATES TO HELP ENSURE THAT YOU WON'T BE USING AN UNVERIFIED VERSION OF THE APP

SETTING UP & USING
THE CARELINK™ CONNECT APP

For Care Partners

IS MY PHONE COMPATIBLE?
CLICK HERE TO FIND OUT.

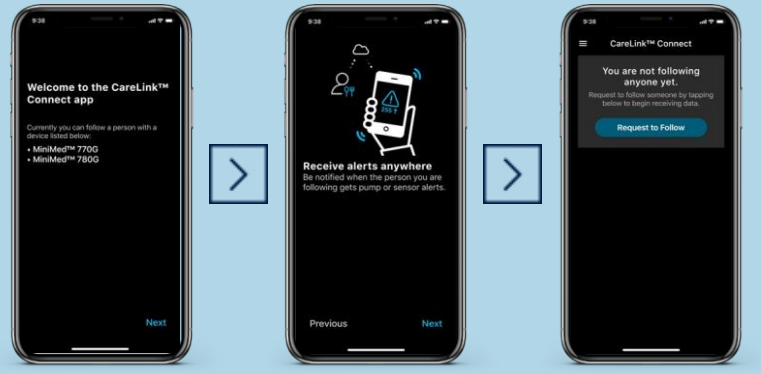
PREFER TO WATCH A VIDEO?
CLICK HERE.

1 **DOWNLOAD THE CARELINK™ CONNECT APP** on the Apple® or Google Play™ app store

2 **FOLLOW THE PROMPTS** on the screen that explain how the app works

3 **READ THE DOSING DISCLAIMER** that states dosing decisions should not be made based on the app **then get started**

4 **TAP SET UP SCREEN LOCK** during initial app start up to ensure data privacy

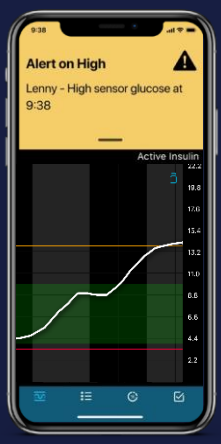


5 **SEND A FOLLOW REQUEST** by inputting the CareLink™ Personal account username

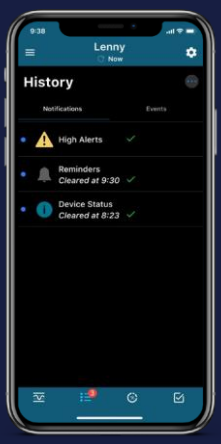
6 **PUMP USER APPROVES REQUEST** via their CareLink™ Personal account **then you are connected**

THE APP IS NOW READY TO USE

You are now connected to your partner



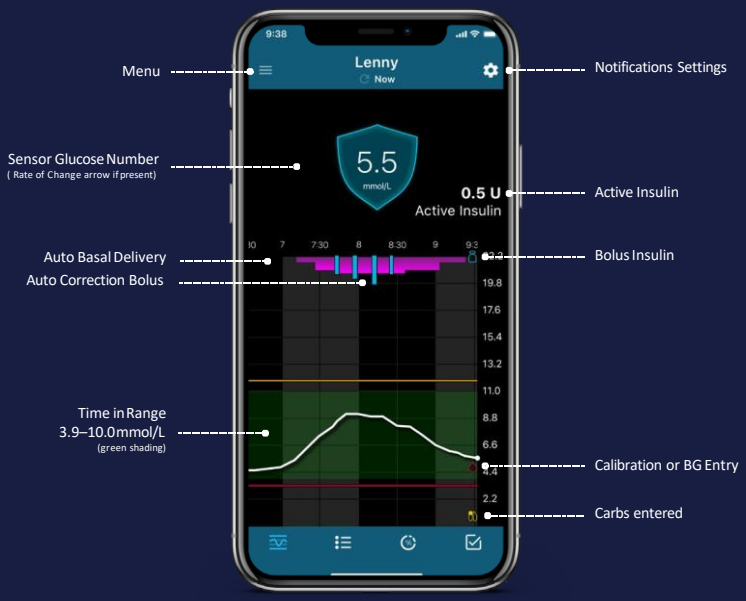
ALERTS



HISTORY

TIME IN RANGE

HOME SCREEN VIEW



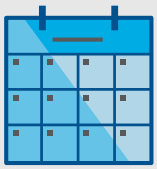
NOTE - WE RECOMMEND TO TURN OFF YOUR OPERATING SYSTEM AUTO UPDATES TO HELP ENSURE THAT YOU WON'T BE USING AN UNVERIFIED VERSION OF THE APP

INSTALLING THE CARELINK™ PERSONAL UPLOADER

If MiniMed™ Mobile app cannot be used

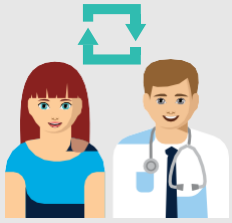
PREFER TO WATCH A VIDEO? CLICK HERE.

IMPROVE YOUR CLINIC VISITS BY UPLOADING TO CARELINK™ SOFTWARE



Upload regularly.

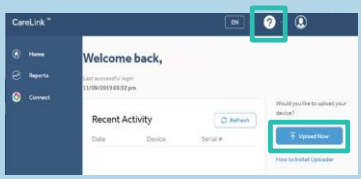
Understand your glucose pattern.



Collaborate with your diabetes team

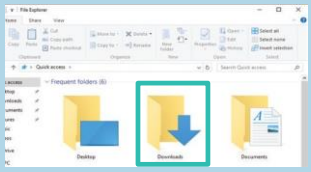
GET STARTED BY DOWNLOADING THE NEW UPLOADER INSTALL FILE

A one-time download per computer where you wish to upload your device.



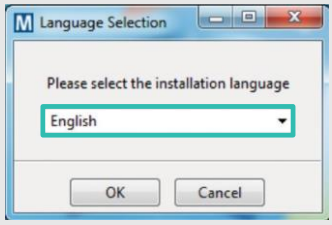
1
- Log in to CareLink™
- Click "How to install Uploader" OR
  Click on the "?" and then "How to install Uploader".

2 Click the download link and select a location to save the uploader file.

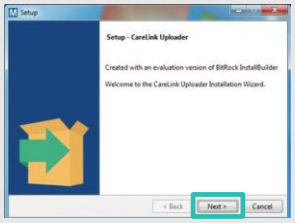


3 Find the downloaded file. Open the file and select "Run".

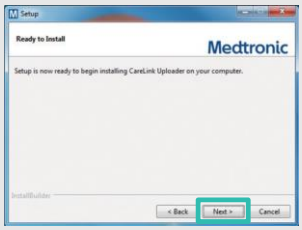
AFTER DOWNLOADING, INSTALL THE UPLOADER



1 Choose your language.



2 Click "Next".



3 Click "Next".

4
- Make sure your CareLink™ blue USB adapter or meter are not plugged in and click "OK"
- Click "Finish" to complete the installation.

NOW, YOU'RE READY TO UPLOAD

Return to your CareLink™ Personal software homepage when you are ready to upload data from your pump.

ENSURING A SUCCESSFUL UPLOAD TO CARELINK™ PERSONAL SOFTWARE

TO ENSURE SUCCESS, GET EVERYTHING READY

- Have your blue adapter to hand
- Go to Carelink.minimed.eu on your laptop
- Log into your Account

MAKE SURE YOUR PUMP IS READY TO UPLOAD

Check that the pump is not on one of these screens.

- ☐ Active alarms
- ☐ Low battery

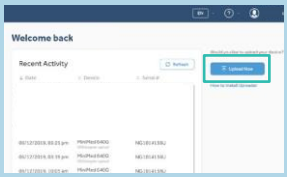
MY IMPORTANT NOTES AND REMINDERS

PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS

UPLOADING
YOUR PUMP OR METER

PREFER TO WATCH A VIDEO? CLICK HERE.

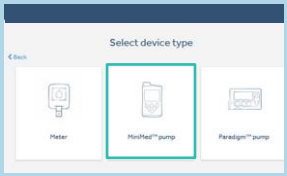
CONNECT YOUR PUMP



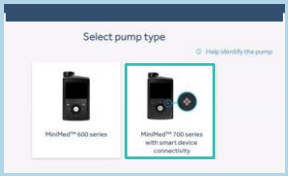
1 Click "Upload now" and wait for uploader screen to show. If you have not yet installed the CareLink™ uploader the software will prompt you to do so before proceeding.

FIRST UPLOAD

2 Select 'Add new device'.



3 Select 'MiniMed™ pump'.

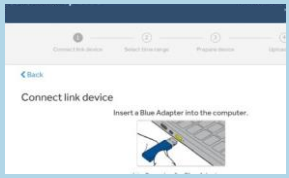


4 Select your pump type. If you are unsure of your pump type please click on 'Help identify the pump'.

5 Connect the blue adapter and follow the 'Upload your data' section below.

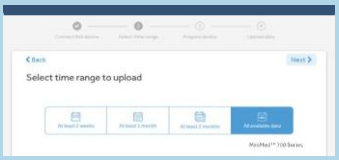
FUTURE UPLOADS

2 Select the device you wish to upload on the 'Select your device type' screen.

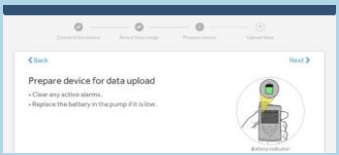


3 Connect the blue adapter to upload your data using the 'Upload your data' section below.

UPLOAD YOUR DATA

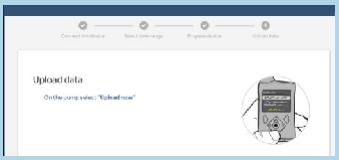


1 Select time range to upload.



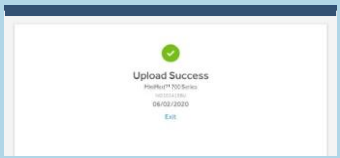
2 Follow on screen instructions to prepare device for data upload.

3 Enter your pump serial number. Pairing is required on first upload only.



4 Select 'Upload now' on the pump.

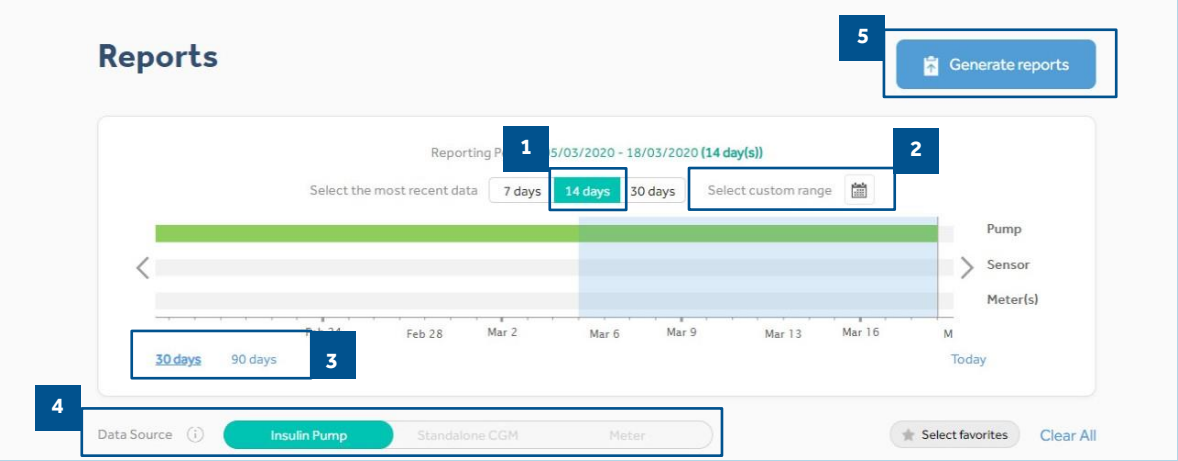
5 Wait for upload to complete.



6 Upload success.

GENERATING
YOUR REPORTS

Generating reports to manage your diabetes is made simple and accessible with CareLink™ Personal software.



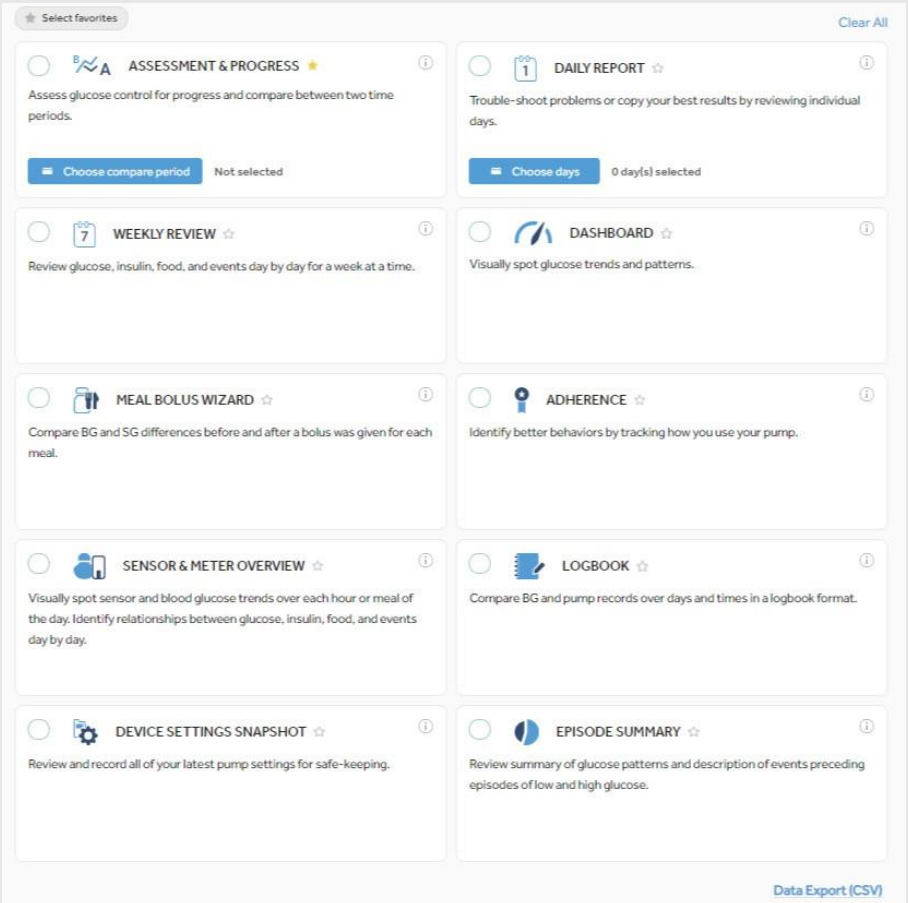
1 Time selection. How many days to look back.

2 Set custom date range.

3 Switch between 30 days and 90 days view.

4 To see which reports you can generate with your device data, please select here. Unavailable reports will be grayed out.

5 Click to generate reports. Popup will be shown.



To generate your reports click on the circles in the top left of the boxes to select the reports you wish to see.

When you know which are your favourites, click the star next to the report name and then you can click "Select Favourites" in the top left to automatically select all starred reports.

READING YOUR GENERATED REPORTS

HOW DO I READ MY REPORTS?

Reading and understanding the CareLink™ software reports is an important aspect of managing your diabetes and improving your ability to make neccessary adjustments. The following reports are explained in detail, providing you with personalised insights to empower your diabetes therapy decisions.

Page 13 - ASSESSMENT & PROGRESS REPORT - Video Guide Here
This report is a one stop shop for any MiniMed™ 780G system users. You can view your sensor trace with time in range and compare it to how you have in done in the past. You will also be able to see how long you stayed in the SmartGuard™ feature, the reasons you exited SmartGuard™ and how often you changed your infusion set and reservoir.

Page 14 - WEEKLY REVIEW REPORT - Video Guide Here
This report generates data from your selected date range. It shows your sensor, insulin delivery and events information. 7 days are displayed on each page to easily assess any trends and patterns over the week period.

Page 15 - DAILY REVIEW REPORT
This report can help you by showing your selected days in much more detail. It can be used to see when you have had SmartGuard™ exits so that you can identify any patterns and minimise your time in Manual Mode.

Page 16 - MEAL BOLUS WIZARD REPORT - Video Guide Here
This report is designed to help you understand how your meals and carbohydrate intake can impact your time in range and overall glycaemic control. To effectively make use of this report, it is important that your preferences for meal times have been set correctly. Please see the preferences section if you have not done so.

Page 17 - LOG BOOK REPORT
This report shows information on carbohydrate intake, bolus information and blood glucose levels day by day and hour by hour. It is in a table instead of a graph if this is how you prefer your information.

Page 18 - ADHERENCE REPORT
This report is a quick information table for you to assess your sensor wear, blood glucose monitoring, bolus details and set change information. It can be used to see if you have any behavioral patterns that could be changed.

ASSESSMENT & PROGRESS REPORT

Medtronic CareLink™ Personal software

Representative patient profile

1 These are you selected data date ranges. Data A (blue) is the your most recent selected date range i.e. the past 2 weeks. Data B (orange) is your previous data range to make comparison easy.

2 This graph represents all of your sensor readings over 24hrs (midnight to midnight). The darker solid areas represent where most of your SG (sensor glucose) reading fell during this period. The coloured dotted line represents your high and low variability in this time period. A narrower band would indicate less variability.

3 The dark dotted line represents your average SG levels for data A only.

4 This is your time in range (TIR) data between 3.9 -10 mmol/L (70-180 for mg/dl). You can easily compare this information between columns A and B to easily track any changes.

NOTES

5 This section explains how many times you have exited the SmartGuard™ feature and the reasons for those exits.

6 These figures show how long you spent in the SmartGuard™ feature. You can also review your number of high and low alarms. Your glucose management indicator (GMI) may be similar to your laboratory HbA1c but it is an approximate so could be slightly different.

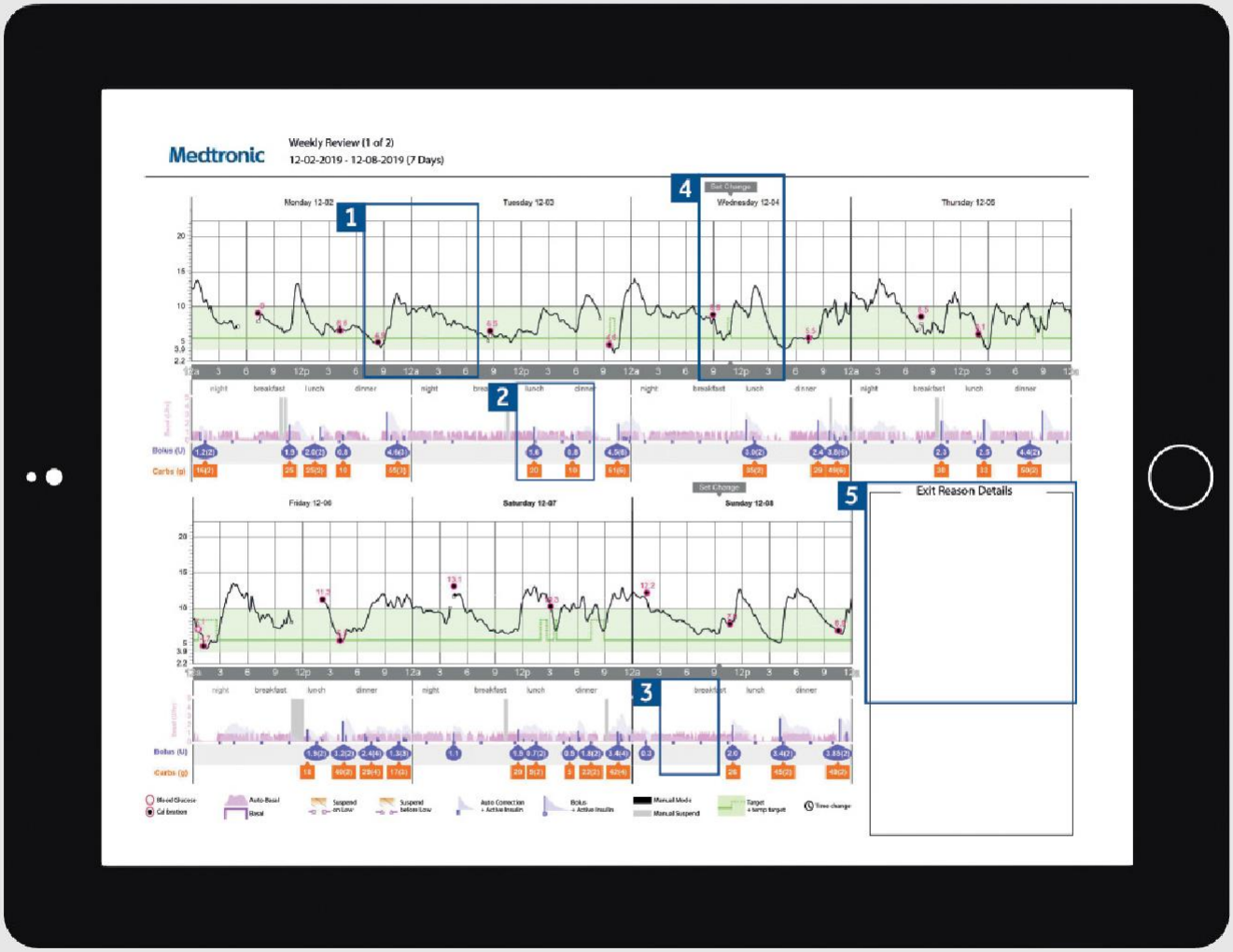
7 This is your daily average blood glucose and calibration data.

8 This is your insulin use data. How much you are using altogether, how much is basal and how much is bolus. You can also check how much Auto Correction insulin you are getting and how often you have been changing your infusion set and reservoir.

9 This section covers your meals. You can review how many meals and carbohydrates you are eating on average per day.

WEEKLY REVIEW REPORT

Medtronic CareLink™ Personal software



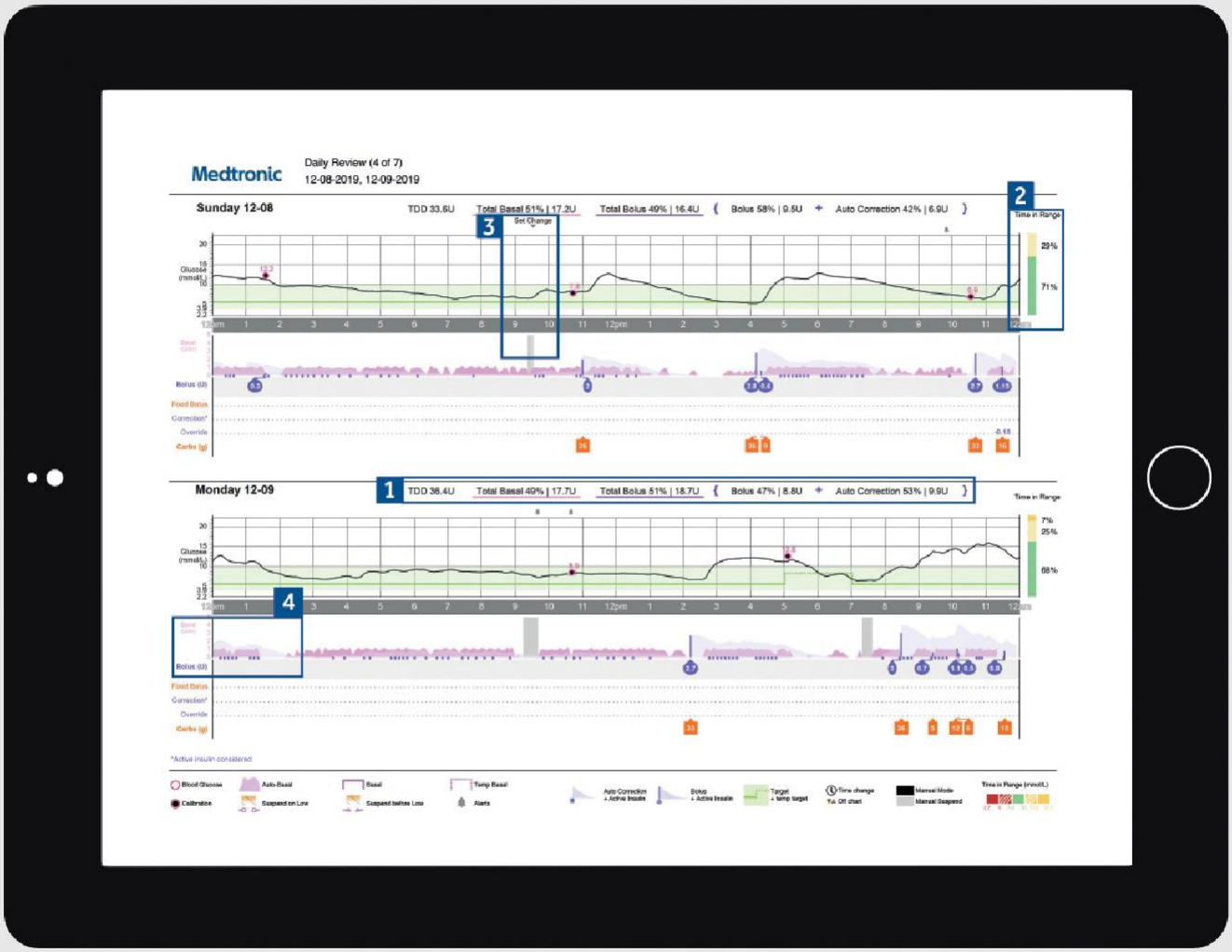
Representative patient profile

1. The solid black line is your sensor trace and the small circles represent blood glucose (BG) values entered. Each BG entered and confirmed is used as a calibration.
2. This area represents your insulin delivery. The pink shading represents your Auto Basal delivery. If you deliver a manual bolus, insulin is in a purple drop and carbohydrate in a orange box
3. The purple notch shows when your pump has delivered an Auto Correction bolus in SmartGuard™ feature.
4. This report will also show you when you changed your infusion set.
5. If your MiniMed™ 780G system exits SmartGuard™ then the reasons for exit will be listed here. On your sensor trace you will see these exits as numbered black boxes.

NOTES

DAILY REVIEW REPORT

Medtronic CareLink™ Personal software



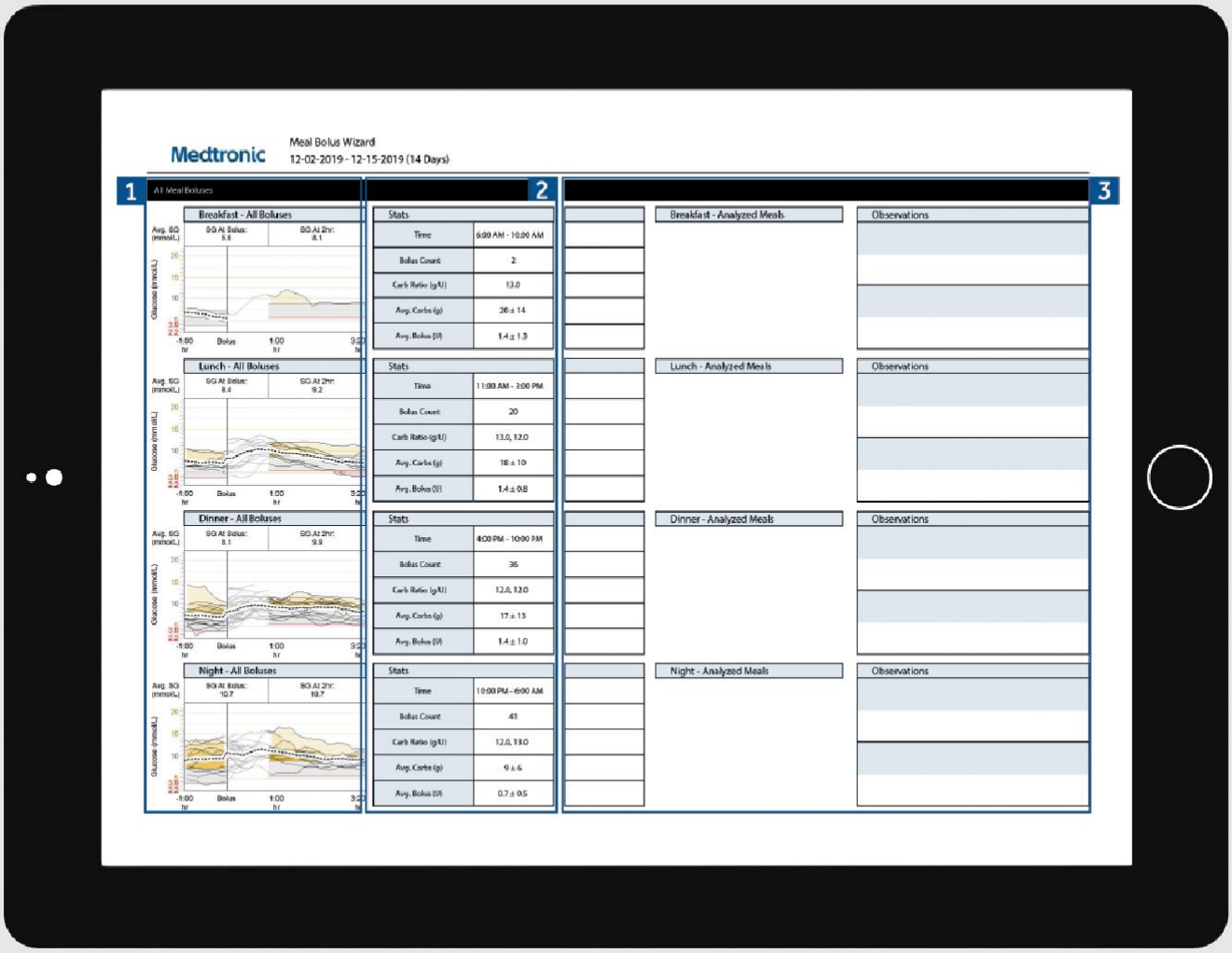
Representative patient profile

1. The total insulin delivery for the day and the split between basal and bolus.
2. Time in range data for that particular day.
3. An example of a set change – your pump suspends insulin delivery while you change your infusion set and reservoir. TIP: We recommend changing your infusion set and reservoir every 2-3 days.
4. The purple notches represent where SmartGuard™ is delivering Auto Correction bolus' to help keep you in range.

NOTES

MEAL BOLUS WIZARD REPORT

Medtronic CareLink™ Personal software



Representative patient profile

1 All meals for the selected time frame will be displayed in each meal section. For example, if breakfast is set for 06:00 to 08:00, all boluses between these two times will have data displayed in the breakfast section.
TIP: Make sure your times are set wide enough to accommodate different meal times at weekends.

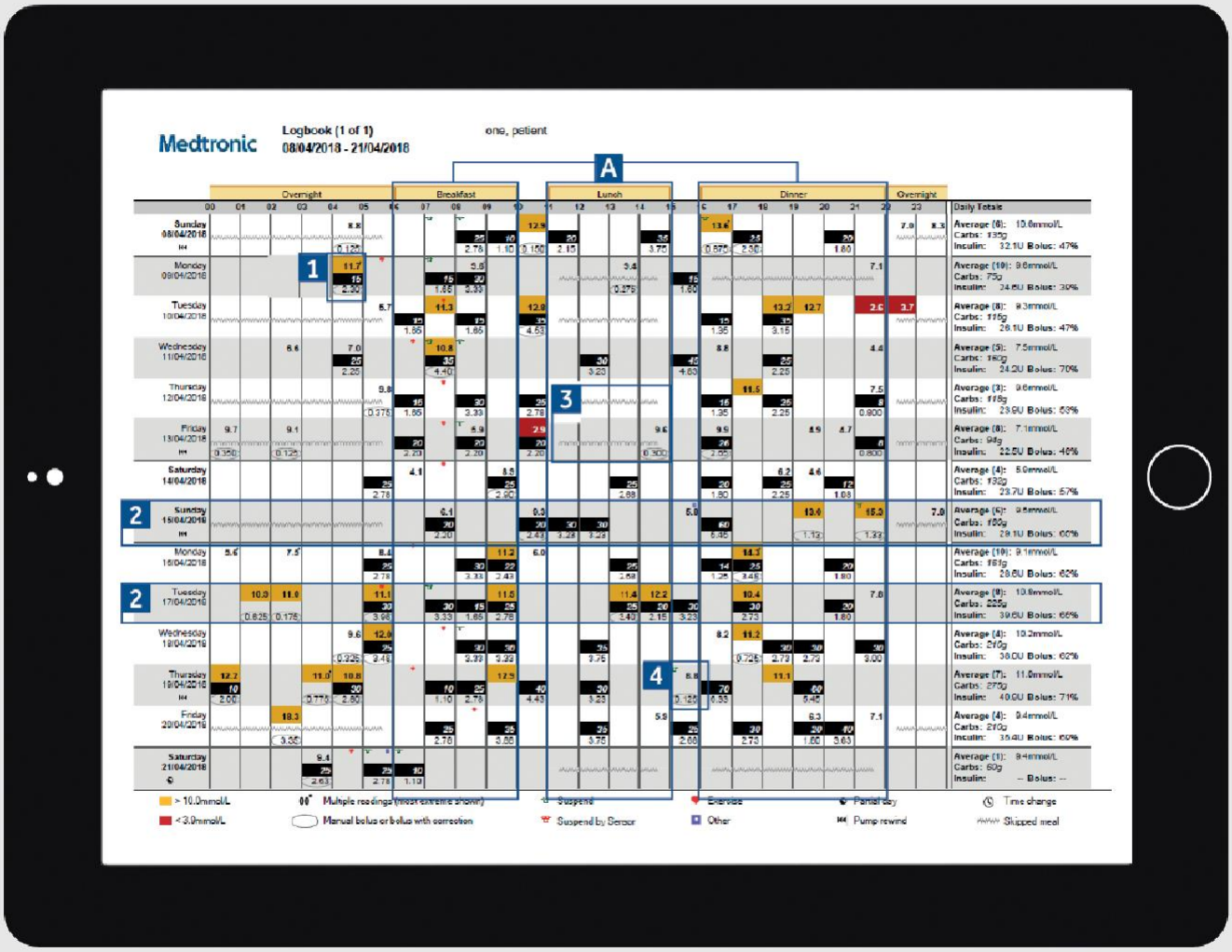
2 Stats show your carbohydrate ratio for easy review and how many boluses you are taking. You can also see what your current meal time preferences are.

3 This section of the report is left blank so if you print your report, you have somewhere to take notes.

NOTES

LOG BOOK REPORT

Medtronic CareLink™ Personal software



Representative patient profile

1. Each bolus event corresponds to the time and date taken and contains blood glucose information (red if low, no colour if in range and orange if above range), carbohydrate entered (in black) and insulin delivered.

2. These examples allow you to view sudden increases/ decreases in carbohydrate intake to help identify any patterns.

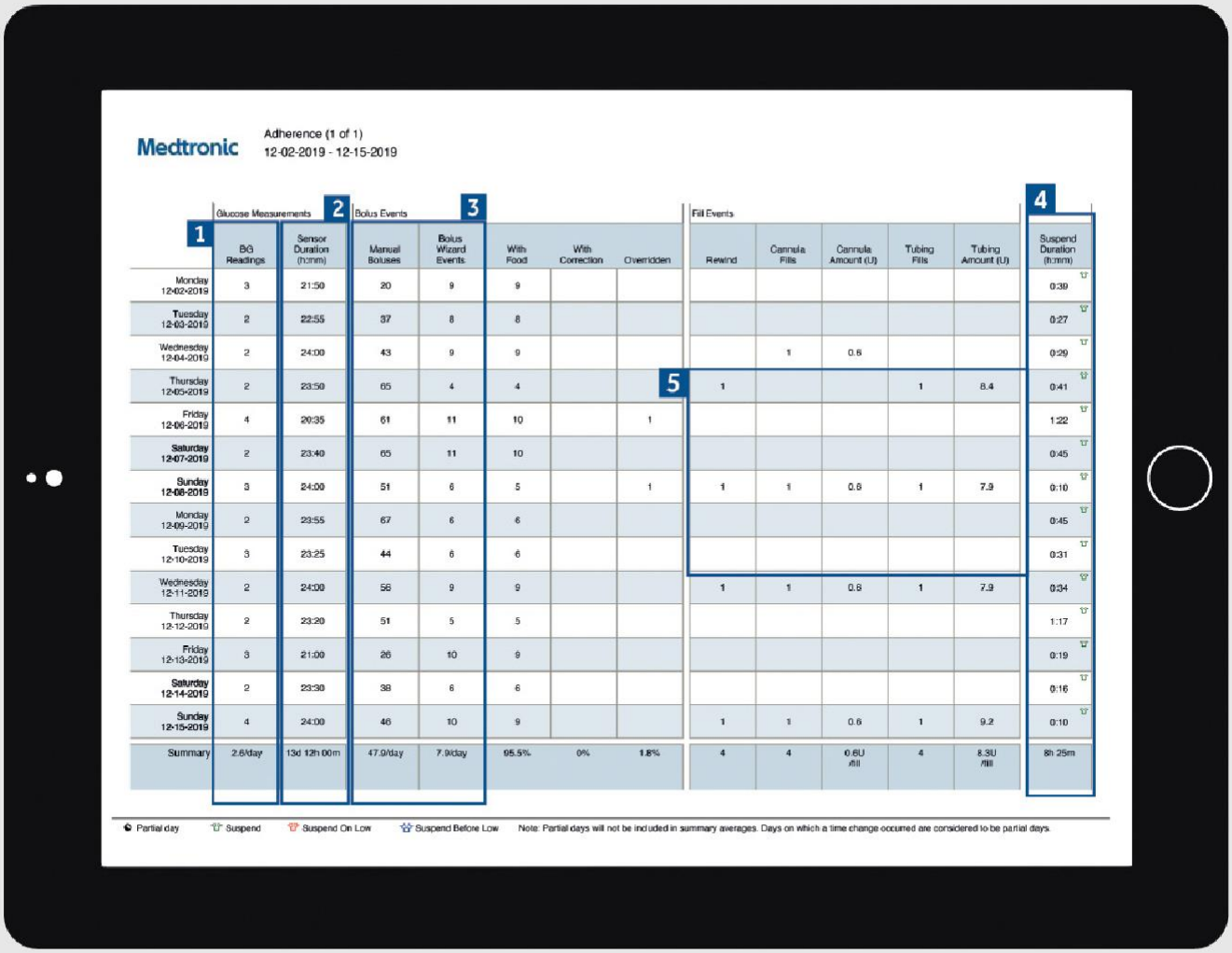
3. This shows a meal time has been set (highlight A) but no meal bolus was given. The report counts this as a missed meal and puts in a zigzag line.

4. Shows an example of a bolus with no carbohydrates. This could be a correction or a manual bolus.

NOTES

ADHERENCE REPORT

Medtronic CareLink™ Personal software



Medtronic

Adherence (1 of 1)
12-02-2019 - 12-15-2019

	Glucose Measurements		Bolus Events					Fill Events					
	BG Readings	Sensor Duration (h:mm)	Manual Boluses	Bolus Wizard Events	With Food	With Correction	Overridden	Rewind	Cannula Fills	Cannula Amount (U)	Tubing Fills	Tubing Amount (U)	Suspend Duration (h:mm)
Monday 12-02-2019	3	21:50	20	9	9								0:39
Tuesday 12-03-2019	2	22:55	37	8	8								0:27
Wednesday 12-04-2019	2	24:00	43	9	9				1	0.6			0:29
Thursday 12-05-2019	2	23:50	65	4	4			1			1	8.4	0:41
Friday 12-06-2019	4	20:35	61	11	10		1						1:22
Saturday 12-07-2019	2	23:40	65	11	10								0:45
Sunday 12-08-2019	3	24:00	51	6	5		1	1	1	0.8	1	7.9	0:10
Monday 12-09-2019	2	23:55	67	6	6								0:45
Tuesday 12-10-2019	3	23:25	44	6	6								0:31
Wednesday 12-11-2019	2	24:00	58	9	9			1	1	0.8	1	7.9	0:34
Thursday 12-12-2019	2	23:20	51	5	5								1:17
Friday 12-13-2019	3	21:00	26	10	9								0:19
Saturday 12-14-2019	2	23:30	38	6	6								0:16
Sunday 12-15-2019	4	24:00	46	10	9			1	1	0.6	1	9.2	0:10
Summary	2.6/day	13d 12h 00m	47.9/day	7.9/day	95.5%	0%	1.8%	4	4	0.6U /fill	4	8.3U /fill	8h 25m

Partial day Suspend Suspend On Low Suspend Before Low Note: Partial days will not be included in summary averages. Days on which a time change occurred are considered to be partial days.

Representative patient profile

1 This lists how many blood glucose checks you have done each day with an average over the whole time selection at the bottom per day.

2 This column shows what duration per day you have worn a sensor, with a total time at the bottom. If you have not worn a sensor, this field will be blank.

3 These columns show how many manual and how many Bolus Wizard Bolus' you have given. Your Auto Correction boluses are included in the Manual Bolus numbers.

4 This column shows how long per day your pump was in suspend and the coloured symbols denote what kind of suspend it was.There is a key at the bottom of the report to explain the symbols.

5 These columns show details on when the pump registered reservoir rewinds and cannula fills. You should be aiming to change your infusion set and reservoir every 2-3 days.

NOTES

QUESTIONS AND ANSWERS

A wide range of questions have been answered in the FAQ section of the CareLink™ Personal software website.

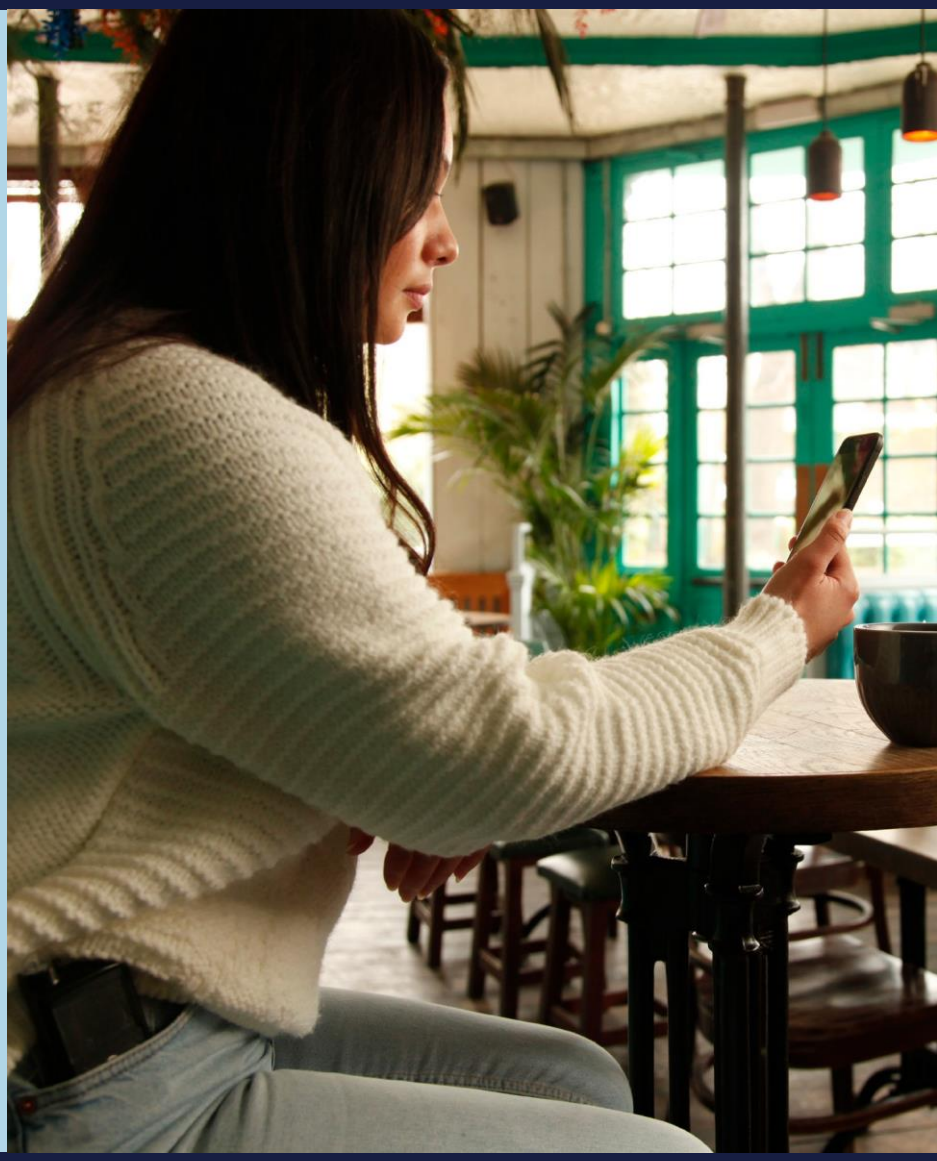
Please click here

WeCare Patient Services.

For more than 30 years, Medtronic has been helping people living with diabetes and ultimately, we're here for one reason. You. We do this through WeCare, a range of support programs and services we offer for users of our devices and their caregivers. Some of them come as standard, but registered users can access an even richer mix of support solutions. For the best all round experience, register now for our wider support services. If you'd like to hear more, visit our website.

UK
https://www.medtronic-diabetes.com/en-gb
Ireland
https://www.medtronic-diabetes.com/en-IE/

Whatever you're facing, we're always by your side.



PERSONALISED DIABETES INSIGHTS TO EMPOWER YOUR THERAPY DECISIONS

Medtronic
Building 9,
Croxley Park Watford,
Hertfordshire
WD188WW
Diabetes Helpline:
+44(0)1923205167
medtronic-diabetes.co.uk

Medtronic Ireland Limited
Block3090-3094, Lake Drive
CityWest Business Campus
Dublin
DN24XN47
Diabetes Helpline:
+353(0)15111499
medtronic-diabetes.ie

[1] Shalitin S, et al. Acta Diabetol. 2014; 51(2):247-56
[2] Corriveau EA. et al. Pediatric Diabetes 2008: 9(Part II): 360–366

Safety Information: CareLink™ software
CareLink™software is intended for use as a adjunctive tool to help manage diabetes and is NOT intended to be relied upon by itself. For detailed information regarding the instructions for use, indications, contraindications, warnings, precautions, and potential adverse events, please consult the device manual.

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