

Bradford Nutrition and Dietetic Services: Child/young person referral criteria for community and primary care referrers

Acceptance Criteria	
Child/young person with one or more of the following conditions can be referred to the paediatric dietetic service	
New diagnosis of cow's milk protein allergy under 1 year	
Newly diagnosed Coeliac disease	
Single allergies including major food group only (milk and wheat).	
Multiple allergies including one major food group (milk and wheat).	
Faltering growth under 1 year of age	
Unintentional weight loss of >2 centiles in a period of 3 months.	
Weight >3 centiles below length/height centile.	
Dysphagia or extremely restricted diet with weight loss.	
Children with nutrition related safeguarding concerns	
Tube fed children.	
Children's Weight Management Service (available only in PCNs 4, 5 and 6)	
Exclusion Criteria	
The following conditions are not accepted	
Nutritional Concern	First line/additional information
General Fussy Eating behaviour	http://www.infantandtoddlerforum.org BDA Food fact sheet: https://www.bda.uk.com/uploads/assets/84536fc7-1f6e-45e1-a44242963bfcfb3b/Healthy-eating-for-Children-food-fact-sheet.pdf
Autism without associated feeding difficulties	Autism Society: http://www.autism.org.uk NHS website: http://www.nhs.uk/livewell/autism/pages/parentsguidetoautism.aspx https://network.autism.org.uk/knowledge/insight-opinion/autism-and-eating-issues-interview-dr-elizabeth-shea https://www.arfidawarenessuk.org/
Iron Deficiency	1 st line: Iron in your diet. https://www.bradfordhospitals.nhs.uk/wp-content/uploads/2022/03/Iron-In-Your-Diet.pdf

Mild – moderate constipation	<p>1st line: Child Constipation</p> <p>https://www.bradfordhospitals.nhs.uk/wp-content/uploads/2022/03/Child-Constipation.pdf</p> <p>NICE guidelines: Constipation in children and young people. Diagnosis and management of idiopathic childhood constipation in primary and secondary care http://guidance.nice.org.uk/CG99</p> <p>NHS website: http://www.nhs.uk/planners/birthtofive/pages/constipation.aspx</p> <p>ERIC website: https://www.eric.org.uk/advice-for-children-with-constipation</p>
Single allergy (egg, nuts, soya)	<p>1st line: Nut diet sheet – updated resource coming shortly</p> <p>1st line: Egg allergy : egg free recipes : egg ladder – updated resource coming shortly</p>
Weight Management	<p>1st line: Weight management pack – online link coming shortly</p> <p>Healthier Families: https://www.nhs.uk/healthier-families/</p>
General nutritional advice: e.g. calcium, vitamin D	<p>1st line: Feeding your child from 1-5yrs.</p> <p>https://www.bradfordhospitals.nhs.uk/wp-content/uploads/2022/03/Feeding-Your-Child-From-1-5yrs.pdf</p> <p>BDA fact sheets: https://www.bda.uk.com/food-health/food-facts/nutrients-food-facts.html</p> <p>Start for life</p> <p>http://www.infantandtoddlerforum.org https://www.bda.uk.com/foodfacts/healthyeatingchildren.pdf</p>