

Your monthly
insight into the
world of Bradford's
hospitals

NHS

Bradford Teaching Hospitals
NHS Foundation Trust

Members'news

November ■ Issue 5



Steps to beat winter challenge

With restrictions eased and young people back in schools, anyone can be forgiven for thinking the worst of the pandemic is behind us. **The reality is very different, and the months ahead are going to be very challenging.**

That's why we are sharing these seven simple steps that we can take together so we can face and overcome a winter like no other.

We've set out these **seven simple steps** you can take so that together we can face and overcome a winter like no other

It's easy to book appointments or seek medical advice via the **NHS App** or the online form on your **GP's website**

1

Talk before you walk by going online to **www.111.nhs.uk** or ring **NHS 111** if you don't have internet access

2

Call **NHS 111** for advice on urgent symptoms that are **not** life-threatening such as severe pain or suspected broken limbs

3

Jabs and testing are our way out - please have all your Covid jabs, and your flu jab if offered

4

If you have Covid symptoms **get a test** but please don't visit a healthcare setting and put others at risk

5

There are support services you can contact if you're concerned about your or someone else's **mental health**

6

Continue to **be kind** to our staff and each other by socially distancing and wearing a face mask where possible

7



Green for go for eco-friendly hospitals

Here's Mel's weekly news round-up for 12 November:
<https://bit.ly/3Da3BTr>

In the second week of COP26 we held **our very own Green Summit** to update colleagues on action here at the Trust – and to hear your ideas too.

With COVID, flu and winter bugs we need to keep our hospitals, staff and patients safer than ever. **So we're asking visitors not to come to hospital if they're unwell**, and sharing ways they can still keep in touch with loved ones.

And we hear how **our lung cancer patients** are getting expert dietary advice to support them through treatment.

Plus there's a round-up of other news from right across the Trust.



A week marked by a series of 'firsts'

Here's Mel's weekly news round-up for 5 November:
https://youtu.be/___6qCASKVt4

This week we visit our

Ophthalmology department where staff have pioneered a new eye test for children with learning disabilities.

And in this, Medicines Safety Week, there's a chance to meet **our first Medication Safety Officer**.

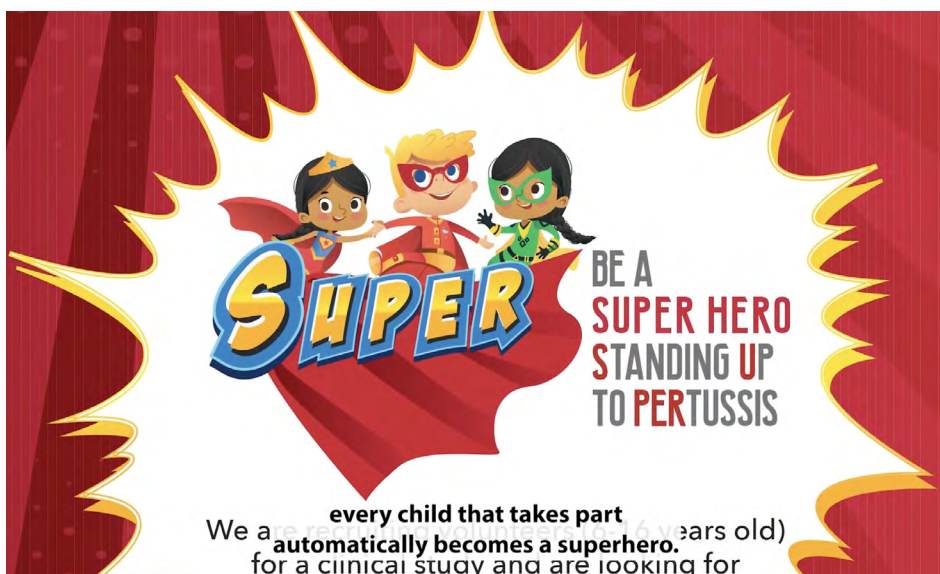
Plus there's news of a ground-breaking trial starting here in Bradford for a **whooping cough vaccine**.



'Cracking' idea wins award

OUR innovative Plaster team's "cracking" idea to help patients look after their casts has scooped a national award:
<https://bit.ly/3HmMdgW>

Their brainwave to put a simple QR code – machine-readable optical label – on casts, which links patients to a whole raft of useful information, wowed judges at the *Nursing Times Awards* and won the **Technology and Data in Nursing** prize.



Council of Mosques award

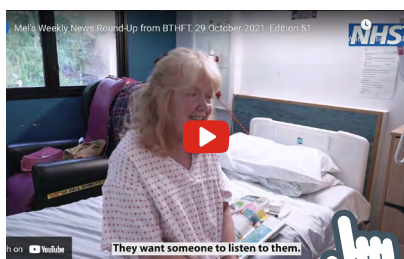
WE were honoured to attend a celebration dinner marking the 40th Anniversary of the Bradford Council for Mosques recently.

The evening held a lovely surprise – on behalf of our Trust, Chief Executive **Mel Pickup** was presented with a **special recognition award** from Ed Anderson, Lord Lieutenant of West



Professor
Mel Pickup

Yorkshire, for all our team's work throughout the COVID-19 pandemic.



Vaccination roll-out gathers pace

Here's Mel's weekly news round-up for 29 October:
<https://youtu.be/psEGPXb08Dc>

This week we hear how the

COVID-19 vaccination programme for 12 to 15-year-olds is gathering pace across Bradford and District, with St Luke's Hospital playing an important role in its delivery.

There's news about how our Trust is **forging even stronger links with Leeds University's School of Medicine** with the appointment of Consultant Nephrologist, **Mansoor Ali**, as its Secondary Care Placement Lead.

And an amazing **new hypnobirthing course for mums-to-be** is being launched by our Maternity team.



Stamping out hate crime

Here's Mel's weekly news round-up for 22 October:
<https://youtu.be/-6gMSBID1z0>

In this week's round-up we show

our support for the police's **Hate Hurts** campaign to tackle hate crime across society and in our hospitals. We want anyone who is a victim of hate crime to feel confident enough to report it.

We also see how **electronic patient letters have revolutionised our appointments' system** – and helped the environment.

And, as Christmas isn't that far away, it's time for the launch of Bradford Hospitals' Charity's **winter snowflake appeal**.

Countdown to Christmas

CHRISTMAS is in the air - thanks to Bradford Hospitals' Charity, and its new Snowflake Appeal.

Companies, groups and individuals have been invited to sponsor a snowflake to pay for gifts and comfort items for patients who are in hospital over the Christmas period. It will help us to make their stay as comfortable as possible during what is traditionally a tough time to be in hospital, away from family and friends.

If you or anyone you know would like to sponsor a snowflake, please visit:
<https://bit.ly/2SQAeQC>



Snowflake Appeal
 Supporting Bradford Hospitals' Charity



Helping our people to Thrive

Here's Mel's weekly news round-up for 8 October:
<https://youtu.be/HINMrFygPLg>

In this week's round-up we take

a look inside our newly re-opened vaccination hub where we're rolling out the **COVID-19 booster jabs to colleagues**.

And we hear more about the **launch of Thrive** – our Trust's new wellbeing and development one-stop-shop for staff.

Plus there's news of a **trainee physiotherapist scheme** designed to give new starters some hands-on experience.



Staff changing rooms unveiled

NEW state-of-the-art **staff changing facilities** have been unveiled at Bradford Royal infirmary (BRI).

The new units, which include showers, toilets, lockers and private changing cubicles for both men and women, were modelled on private-gym style changing facilities.

Keeping care home residents healthy

A SCHEME which enables our physiotherapists to proactively visit care homes to see patients without the need for referrals is helping older people stay healthier for longer.

Rhonda Shorter and Lucy Kirke, based at Westwood Park Community Hospital, visited five care homes – including Knowles Court Care Home, Gateway Care Home and Bierley Court Care Home – as part of the Frailty Project, which took place in the Community Partnership Nine patch who funded the scheme between January and September 2021.



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