

Bradford Nutrition and Dietetic Services: Adult Referral Criteria for community and primary care referrers

| Acceptance Criteria | |
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| Anyone with one or more of the following conditions can be referred to the specialist dietetic service | |
| Gastroenterology | Patients with confirmed Coeliac Disease, Crohn's Disease, Ulcerative Colitis or Irritable Bowel Syndrome (according to Rome IV criteria) Other gastroenterology conditions referred by or under the care of BTHFT Consultant e.g. Cyclical Vomiting Syndrome, High stoma output, Pancreatic Insufficiency, Bile Salt Malabsorption, Gastroparesis |
| Oncology | Head and Neck Cancer, Upper GI Cancer, All other Cancer sites treatment <5 years ago |
| Neurological Conditions | Including: Motor Neurone Disease, Multiple Sclerosis, Parkinson's Disease, Huntington's Disease, Acquired Brain Injury etc. |
| Renal Disease | Anyone requiring specific renal dietetic intervention with Chronic Kidney Disease stages 3-5, or who is under the care of the renal team at BTHFT |
| Liver Disease | Non-Alcoholic Fatty Liver Disease, Alcoholic Liver Disease, Hepatitis, Cirrhosis under the care of BTHFT Consultant |
| Diabetes | Follow Diabetes Pathway via GP ASSIST or refer to Diabetes Service Specification |
| Weight Management | Adult patients who are obese (BMI ≥ 30 or >27 if BAME) who do not fulfil the criteria or are unsuitable for alternative tier 2 or 3 services. |
| Cardiovascular Disease | Primary and secondary prevention of Heart Disease. Post Myocardial Infarction, Stroke and Heart Failure within 1 year of diagnosis. |
| Dysphagia Malnutrition | MUST 2+ with dysphagia |
| Mental Health Malnutrition | MUST 2+ with recognised mental health condition contributing to high risk malnutrition e.g. depression, anxiety |
| Exclusion Criteria | |
| The following conditions without dietetic services are not accepted | |
| Community Malnutrition (MUST 1+) | Including: Dementia, Frailty, End of Life, COPD and other respiratory conditions, Pressure Ulcers, Underweight no known cause Please follow Malnutrition Management Pathway Template – available on SystemOne via ASSIST > Gastro I Hepatology > Malnutrition Management (BFD) or Malnutrition Management (AWC) |
| Eating Disorders | Anorexia Nervosa, Bulimia Nervosa - Please refer to CONNECT or CAMHS eating disorder services The CONNECT referral form & further information IAPT Services available for other disordered eating |

In addition, your adult patients who are under the care of the following teams can access BTHFT Dietitians who work as part of these services:

- Learning Disabilities Team within BDCFT
- Mental Health In-patient service within BDCFT
- BTHFT Nutrition Team
- BTHFT Bariatric Service
- BTHFT Home Enteral Feeding Dietetic Service
- Proactive Care Team operating within primary care networks 4, 5 and 6
- Diabetes Specialist Dietetic Service across primary and secondary care – refer to GP ASSIST Diabetes Pathway