

WHS
Bradford Teaching Hospitals
NHS Foundation Trust

## Togetherness and hope in challenging times

2020 HAS without doubt been the toughest in the history of our organisation and, indeed, the wider NHS. And all of us have experienced its relentless challenges first-hand.

Not one of us could have imagined, as I sat down to write a New Year message like this 12 months ago, how much our lives would be turned upside down by the impact of this global pandemic.

COVID-19 has touched almost every part of our lives, both personally and professionally, as well as those of our loved ones. It has put strains on us in ways that, I suspect, we never thought possible.

But in the face of adversity and at times sadness, we have also witnessed incredible compassion, strength and unity from our colleagues, our partners and our communities – much of it captured in our Review of the Year in the pages that follow.

The spirit our people have shown in coming together and working as one to rise to the challenges we have faced has been truly inspiring – a fact acknowledged by the many thousands who have taken to their doorsteps in their own local communities to applaud in appreciation for everything key workers do to keep our district safe.

But it's not just through clapping that our communities have supported us. We are immensely grateful for the sacrifices people have made, and continue to make, to protect our services for those most in need.

We have also been overwhelmed by the scale of donations that have been made by the community to our charity, as well as directly to individual wards and departments and their staff. Thank you!

Looking ahead, we already know that 2021 will potentially hold even greater challenges for us all.

Winter is always a pressurised time for our region's health and care services but with COVID-19 continuing to spread, our services are likely to be stretched as never before. Coming at a time when colleagues are both exhausted and concerned for their own families, this means it's so important that we continue to support one another.



If ever there was a time for the collective spirit of Team Bradford to shine, this is it.

I would really like to end on a more positive note because, however hard things are right now, there is light at the end of the tunnel.

Medical and scientific
breakthroughs – some of which
we have been privileged to
contribute to through our work
on research and in clinical trials
– mean that vaccines are coming
on stream at record speeds.

The vaccination programme brings its own challenges but, importantly, it also brings real hope that by next year will be through the worst of this crisis and looking forward together to a brighter future.

I wish you all a happy and healthy new year and thank you for all that you do to support our staff and our communities.

Mel











leaving the famous glitterball trophy at home when it was announced she would be visiting our hospitals to film her latest documentary.

Our Women's and Newborn Unit played a starring role in the BBC programme, which explored with colleagues and mums what it was like to have a baby in the midst of a pandemic.

Scantastic! ... two of our sonographers received Greatix Awards for their dedication to the role during the COVID-19 pandemic. Senior Sonographer, Danielle Pearson, and Diagnostic Imaging Assistant, Honor Chapman-Blackwell, received the accolade for their work ethic during challenging



Community spirit ... the congregation (sangat) of the Guru Gobind Singh Gurdwara donated an incredible £40,000 to our Bradford Hospitals' Charity's Intensive Care Unit (ICU) Fund to help our patients recovering from COVID-19. Like you, I was totally overwhelmed by their generosity and everyone in the congregation who donated. The money funded additional equipment for our ICU.



Faying thoute ... we marked the 35th anniversary of the Bradford City Football Club fire tragedy. Our staff, particularly the Plastic Surgery team, played a key role in caring for the injured following the tragedy on 11 May, 1985, with their work also helping to shape the practice of plastic surgery in the city, and in the wider NHS, today. Pictured here are members of our current team (hefore social distancing rules) current team (before social distancing rules).



to provide basic details to relatives concerned about loved ones in hospital

during the COVID-19 pandemic had already handled over 6,000 calls since its launch. The dedicated line is already handled over 6,000 calls since its launch. The dedicated line is open seven days a week from 8am to 10pm and staffed by fully-qualified nurses or clinical staff. They told Let's Talk that they hit an all-time high with 286 calls taken in a 14-hour period. These would have originally been discipled the converge and taken eliminated to account the converge and taken eliminated the converge and taken directed to our wards and taken clinical staff away from patients.



gardening teams who have been bringing floral fantastic-ness to our team we perhaps don't hear as much about as we should, particularly as hospitals. The wildflower planting that we carried out last year around our team we pernaps don't hear as much about as we should, particularly as they have changed their working days to help ensure staff didn't run out of hospitals. The wildhower planting that we carned out last year around hospitals was also in full bloom and has become a haven for wildlife – bees, butterflies and other insects. All of which looks wonderful and brings cheer to staff and patients.





the NHS's 72nd birthday – and that included Bradford. I was pleased we could play our part in illuminating some of our hospital buildings for the milestone anniversary.





Mural motivation ... a staff toilet in Children's Outpatients at St Luke's proved more popular – after it was decorated with motivational quotes and prize-winning poetry. **Dr Kate Wildig** (pictured) and **Sister Debs Griffith** material.



Clap for colleagues ... one of our senior nurses who spent 41 days in intensive care due to COVID-19 returned home after being given an emotional send-off. Many of you gathered to clap and cheer Ayesha **Orlanda**, a Senior Sister on the BRI's Acute Dialysis Unit. You can watch the amazing video here: <a href="https://bit.ly/2WAWC2z">https://bit.ly/2WAWC2z</a>





Home Birth Team



Stephanie Crefin









Home from home ... I was thrilled to report that our Home Birth team was back up and running after a pause for the pandemic. In just two weeks since it regrouped, Let's Talk reported that there had been four babies safely born at home with many women booking and choosing home as place of birth. place of birth.d V Safe



Learning disability boost ... I was really pleased to let you all know about a brand new role and the person who is driving this forward ... Caroline Carass, our new Learning Disability Lead Nurse. She told me: "My top priority is that every patient with a learning disability has a safe admission." priority is that every patient with a learning disability has a safe admission and a safe discharge.







Cracking idea ... our innovative plaster team came up with an idea to help patients look after their casts. The answer to all their questions is via a simple QR code – a machine-readable optical label – which links patients to a whole raft of useful information.

## Patients can now receive their appointment letters online!

Patients can view and download their appointment letters instantly on our patient portal.

They will receive a text message with a link when they have a new appointment letter.

Please check we have patients correct details:

Mobile number

New digital era ... our paper patient appointment letters were about to be a thing of the past, as we moved to digital. Patients are now sent a text thanks to great work from our Transformation Team.



NHS





Pandemic protection ... a dedicated unit was set up to ensure that masks worn by our front-line staff fit properly and protect them and patients from the spread of COVID-19. Charge nurses for practice and professional development, **Stephen Anderson**, from ICU, and **Justin Chattaway**, from Ward18, put together a fit testing team dedicated to making sure that users of FFP3 masks know how to wear them correctly.





The wheel deal ... I was thrilled to announce a really exciting new initiative to help us all get fitter, help the environment — and have some fun on two wheels! In partnership with a local biking club, Onna Bike, we launched six weeks of Bikeability sessions to get us on our bikes with renewed confidence by learning the basics of bike maintenance, cycling safety and cycling proficiency.





At the heart of innovation ... drive-through services for our cardiac patients needing to pick up test devices have become the "new patients riceaing to pick up test devices have become the How normal" at St Luke's Hospital. Staff set up the innovative clinic for people who needed their heartbeats or breathing assessed at the height of the pandemic in a bid to reduce the risk to these vulnerable patients attending the hospital.







World-class ... our very first COVID-19 vaccine trial – a global first too – was launched. The research saw us become one of only three regional and one of 20 national centres to deliver the Phase 3 study to test the effectiveness of the COVID-19 vaccine, developed by US biotechnology company Novavax



babies born here every year.







