

## Women's Services Patient Information

## Triptorelin Injections Prior to Surgery

You have been informed by your doctor or nurse specialist that you need one of the following procedures: an endometrial ablation or treatment of fibroids.

Please refer to the supporting leaflets- endometrial ablation and resection of fibroids for an explanation of your procedure, if you have not been given a leaflet one can be obtained from the nursing staff.

- Triptorelin is a drug which is used to suppress hormones and is given by an intramuscular (into the muscle) injection, usually given into the buttock.
- It is necessary for you to have an injection to prepare the lining of the womb before your procedure, shrink a fibroid or make the womb smaller. This is done approximately five weeks before the planned date of your procedure. The injection is given by a nurse in an outpatient clinic. An appointment will be sent to you through the post, our waiting list coordinator will make these arrangements. **If you haven't received an appointment when you have been given your procedure date please contact 01274 364888.**
- This may stop your next period.
- If you are waiting for your procedure and you have a period or heavy bleeding on the day of your planned admission please contact Ward 12 as below.
- Occasionally some women may require a second injection before their procedure can go ahead because the lining of the womb is not fully prepared. We will know this if you bleed or have a period after your first injection, therefore it is important that you contact us as your surgery will be postponed, in order to maximise the chances of the procedure working.

This second injection will be given at a later date following discussion with your consultant and a new date for surgery will be given.

- Following the injection you may notice symptoms similar to the menopause. These may include hot flushes, sweating and vaginal dryness. These symptoms will resolve after your operation.

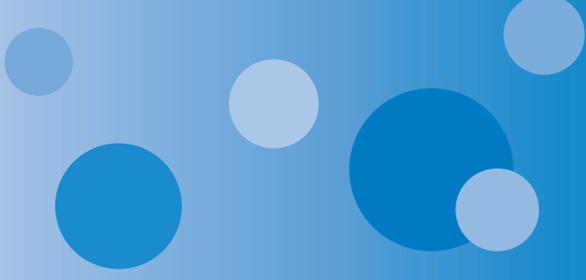
### Contact numbers:

If you have any concerns please telephone:

The Women's Health Unit where a nurse will be available on 01274 364895 8.00am – 5.00pm  
Monday – Friday

**or** Ward 12 for urgent advice on 01274 364380 (24hr contact).

We use Next Generation Text for people with hearing difficulties.  
To contact us ring 18001 01274 364895.



If you need this information in another format or language, please ask a member of staff to arrange this for you.

## **Smoking**

Bradford Teaching Hospitals NHS Foundation Trust is a smoke-free organisation. You are not permitted to smoke or use e-cigarettes in any of the hospital buildings or grounds.

## **Wristbands**

When you are in hospital it is essential to wear a wristband at all times to ensure your safety during your stay.

The wristband will contain accurate details about you on it including all of the essential information that staff need to identify you correctly and give you the right care. All hospital patients including babies, children and older people should wear the wristband at all times.

If you do not have a wristband whilst in hospital, then please ask a member of staff for one. If it comes off or is uncomfortable, ask a member of staff to replace it.