

Emotional Well-being Walk-in

Every Friday (apart from Bank Holidays) from 1.00pm until 3.00pm, at the Marie Curie Hospice, BD3 9LE.

What is the walk-in clinic?

The Walk-In Clinic is for you to talk 1-1 about any difficulties in a confidential and friendly setting with an experienced palliative care psychologist. We know that living with a life limiting illness can be challenging emotionally for all involved and can impact on how you are.

Who is it for?

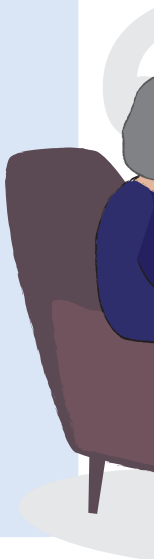
This service is for people, their families and carers who are receiving palliative care. The psychologist is able to see people individually or in family groups.

Unfortunately at present we are unable to offer language support at the Walk in Clinics.

What will happen?

You do not need to make an appointment for the walk-in clinic— you will be seen on a first come, first served basis during our walk in clinic hours. You are welcome to bring someone else to the clinic if you wish. On arrival, let reception staff know you have arrived for the walk-in clinic and they will direct you to the waiting area.

Many people benefit from just a single session though you may be offered further sessions at a different time if you and the psychologist think this might be helpful, or you may be referred onto another service. Sessions can be up to 60 minutes long but may be shorter. We focus on what you want from the session. We don't assume we know what it will be helpful for you to talk about.



Confidentiality

What is discussed in Walk-In sessions remains confidential between the client and the therapist.

We make notes during the session and you are welcome to have a copy of these if you wish.

It may be useful to pass on some information to the doctors/ nurses etc looking after you but this would not be done without your consent. Only if you or someone else was at serious risk of harm would confidentiality have to be breached.



Contact

Clinical Health Psychology

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You do not need to make an appointment

Just walk-in and you will be seen on a first come, first served basis during our walk-in clinic hours. You may have a short wait.

You are advised to call **01274 337000** (8.00am – 8.00pm) to check the clinic is running before you set off.

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