

GP Bulletin – August 2019

Industrial action suspended at Bradford Teaching Hospitals

In a joint statement, Acting Chief Executive of Bradford Teaching Hospitals NHS Foundation Trust, John Holden, and UNISON Regional Organiser, Natalie Ratcliffe, said: “Following constructive talks facilitated by ACAS yesterday (21 August), Bradford Teaching Hospitals NHS Foundation Trust and UNISON have agreed to suspend the indefinite industrial action that is due to commence on 26 August 2019, subject to specific legal agreement on this point.”

[Read more](#)

Ladies only shoulder Physiotherapy Group

Our Physiotherapy Department offer a Ladies only shoulder therapy class, in an effort to manage shoulder pain. These classes respect cultural requirements in order to maximise patient participation, and we therefore believe they will be welcomed by our Asian client group. The class not only provides a fun environment to teach shoulder exercises, it helps promote self-management and engagement in the patient's own health care. We performed a study on 30 female shoulder pain patients, and it has been shown to help pain, function, movement and patient satisfaction over a 5 week course.

The class offers a supervised course of five, weekly, 1 hour shoulder functional mobilising and strengthening exercises for up to 8 patients. It is led by a female Physiotherapist and assisted by a bilingual female Therapy Assistant.

Active shoulder elevation in standing (back to the wall) was measured with a goniometer by the qualified Physiotherapist, an Oxford Shoulder Score (OSS) and pain score (none, small, medium, big) were all recorded at baseline and at final session 5. Attendance rates and patient satisfaction scores (0-10 visual scale) feedback were recorded on the final session.

The OSS and shoulder active elevation range were compared from week 1 to the final week 5 and both showed a statistically significant improvement. A Wilcoxon signed-rank test showed a median improvement in OSS of 9 points (95%CI= 5 to 13 points; $p < 0.0001$) and a median improvement in active shoulder elevation of 20° (95%CI= 10° to 44°). 66% reported a clinically relevant reduction in pain. 87% full attendance was achieved with a median patient satisfaction score of 9.

There was statistically significant improvement in shoulder function and elevation range of movement over a maximum 5 week period. Clinically relevant pain reduction, positive patient feedback and high attendance reflect the efficiency of this service at treating this patient population in a suitable environment to help maximise recovery and aid rehabilitation.

To see full evaluation report please use the below link –



Ladies Only Shoulder
Group evaluation .doc

For further information, please contact the Physiotherapy booking office on 01274 365277.

Digital healthcare journey gathers pace at ‘much improved’ Bradford hospitals

Bradford’s hospitals have passed another milestone in their journey to make patient care better and safer through digital technology. A new study has identified Bradford Teaching Hospitals NHS Foundation Trust as one of the most-improved digital pioneers in the NHS. And it is one of only two trusts across England to feature in the top ten without being part of the NHS’s Global Digital Exemplar (GDE) programme – which awards hundreds of millions of pounds’ additional funding.

[Read more](#)

AI Command Centre takes centre stage at NHS Expo

Our new Command Centre is to be showcased in front of more than 5,000 people at the biggest NHS-led event of the year. Sandra Shannon, our Chief Operating Officer and Deputy Chief Executive, will take to the stage at the Health and Care Innovation Expo next month, when Health Secretary Matt Hancock; Chief Executive of NHS England, Simon Stevens; and Dr Amir Khan, from Channel 5’s GPs Behind Closed Doors will be among the keynote speakers.

She will be joining our technology partners at GE Healthcare in presenting “Clinical Command Centres: Where Human Intelligence Meets Artificial Intelligence”.

The learning session will offer Command Centre takes centre stage at NHS Expo visitors a first-hand insight into how our innovation combines human and artificial intelligence to support caregivers and improve patient flow around our hospitals in real time, and the potential key role it has in the NHS Long Term Plan.

NHS Expo takes place on Wednesday 4 and Thursday 5 September at Manchester Central, attracting 5,000-plus people from across the NHS, social care, local government, the third sector and the commercial world. This year’s event has the theme “Bringing the NHS Long Term Plan to Life” and aims to inspire leaders and clinicians to make improvements for patients and service users.

Around three-quarters pledge to start new projects or initiatives after visiting - and we hope the way our Command Centre is breaking new ground will inspire others to follow our lead.

You can find us at both days of NHS Expo on stand 147, where information about our Command Centre and Wall of Analytics platform will be displayed. Sharon's presentation alongside Andy Day and John Deverill from GE Healthcare, takes place on the second day, in Theatre 4, between 11am and 12.30pm.

This monthly bulletin aims to keep local GPs up to date with the trust's new services and developments. If you'd like any further information about any of the items in this month's briefing contact Naveed Saddique on 01274 272635, email gp.comments@bthft.nhs.uk