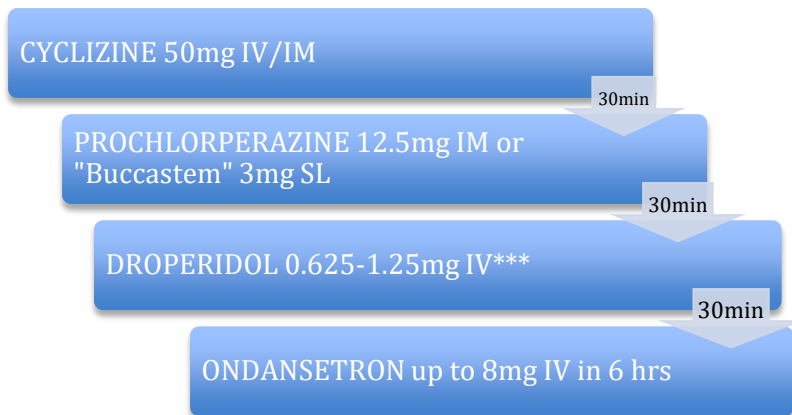


ADULT POST OPERATIVE NAUSEA AND VOMITING GUIDELINES

RISK ASSESSMENT	PROPHYLAXIS*		Alternatives
	AT INDUCTION	AT END OF SURGERY	
LOW	NIL	NIL	Prn ondansetron 4mg IV TDS only
MODERATE	NIL	ONDANSETRON 4mg / TIVA PROPOFOL	Dexamethasone esp for ENT/DENTAL surgery
HIGH	DEXAMETHASONE 0.1mg/kg**	ONDANSETRON 4mg	TIVA + antiemetic
VERY HIGH	DEXAMETHASONE 0.1mg/kg**	ONDANSETRON and DROPERIDOL 0.625-1.25mg***	TIVA + 2 antiemetics

RESCUE TREATMENT ALGORITHM



RISK ASSESSMENT

Risk Factors (1 point each)	Points
Female sex	LOW RISK
Non-smoker	MODERATE RISK
PONV / travel sickness	HIGH RISK
Post op opioids	VERY HIGH RISK
	0-1
	2
	3
	4

* Avoid PONV Prophylaxis in Elderly Trauma patients – PRN doses ONLY.

** Dexamethasone dose measured as Ideal Body Weight.

*** Droperidol 0.625mg IV if using morphine/droperidol PCAS. Otherwise recommend 1.25mg IV.

Morphine/droperidol PCAS to be ordered from Pharmacy, not reconstituted in theatre.

The following drugs are contra-indicated in specific situations:

1. DROPERIDOL (absolute) - long QT syndrome.
2. CYCLIZINE (relative) - glaucoma, cardiac failure, benign prostatic hypertrophy, delirium.
3. DEXAMETHASONE – diabetic patients.