



Introduction to the Breast Multidisciplinary Team



Bradford Teaching Hospitals
NHS Foundation Trust

What is an MDT?

The NHS Cancer Plan confirmed that 'the care of all patients with cancer should be formally reviewed by a specialist team'. It went on to note that this would help ensure that 'all patients have the benefit of the range of expert advice needed for high quality care.'

Diagnosis and treatment of cancer requires a team of experts called a Multi-Disciplinary Team (MDT). The team is made up of people with the necessary knowledge, skills and experience to ensure high quality diagnosis, treatment and care of all patients referred to the service with new breast symptoms.

You come first

The Bradford Breast Team meets on a Wednesday at 08.00 hours in the Pennine Screening Unit Meeting Room. Your case will be discussed to ensure that all appropriate treatment options available to you are considered.

Bradford Teaching Hospitals Foundation Trust recognises that each individual patient will have their own thoughts, views and preferences about treatment and acknowledges the need to share and discuss all treatment recommendations in full.

An MDT makes recommendations rather than decisions about the safest treatment options available. They will consider carefully all the information about your breast symptoms, diagnostic tests and surgical treatment.

The team utilises the expertise of all the professionals present and National Treatment Guidelines surrounding best practice to agree on the best treatment plan for you.

Following this meeting you will be offered an appointment to meet the team who will share these recommendations with you.

We will provide verbal and written information, time and contact with a breast care nurse specialist to help you as you consider your treatment choices.

The Breast MDT in Bradford is made up of a number of professionals. You may meet some members of the team during your period of treatment.

The Breast Surgeon

This is a specialist who can assess breast problems and diagnose primary and recurrent breast cancer.

The surgeon has specialist skills to perform operations needed to remove cancer and to perform breast reconstruction procedures. Your breast surgeon will also discuss the results of surgery and any further treatment required.



Bradford Teaching Hospitals has three breast surgeons.

Mr Richard Linforth

Consultant Oncoplastic Breast Surgeon and Divisional Clinical Director of Breast Services.

Telephone - 01274 365844.

Mr Mohamed Salhab

Consultant Oncoplastic Breast Surgeon.

Telephone - 01274 365063.

Miss Catherine Tait

Associate Specialist Breast Surgeon and Breast MDT Lead.

Telephone - 01274 365734

The Breast Care Nurse Specialist

This is a nurse who is an expert in the care and support of people with breast problems. The Breast Care Nurse will provide information to help you to understand your treatment choices and will support you during your future treatment.

She can advise on local support groups and services providing practical, emotional, psychological, spiritual and social support during your treatment.

She can talk to other members of the Multi-Disciplinary Team on your behalf if you wish, and will guide you through your continuing follow-up care.

Bradford Teaching Hospitals has five Breast Care Nurses. Three work on a full time basis Mrs Mandy Blackburn, Mrs Kathryn Kitchen and Mrs Sakina Iqbal. The other two team members are employed on a part-time basis.

The team has a single point of contact where messages can be left and one of the team will return your call daily.

Please ring **01274 365190** and leave your name and contact telephone number.

The following direct numbers are also available **but if you receive no reply please use the above answering service** as the nurse concerned may be involved in clinical activity.

**Mrs Sandra Stewart
(Breast Care Co-ordinator) – 01274 365190**

Mrs Mandy Blackburn – 01274 365865

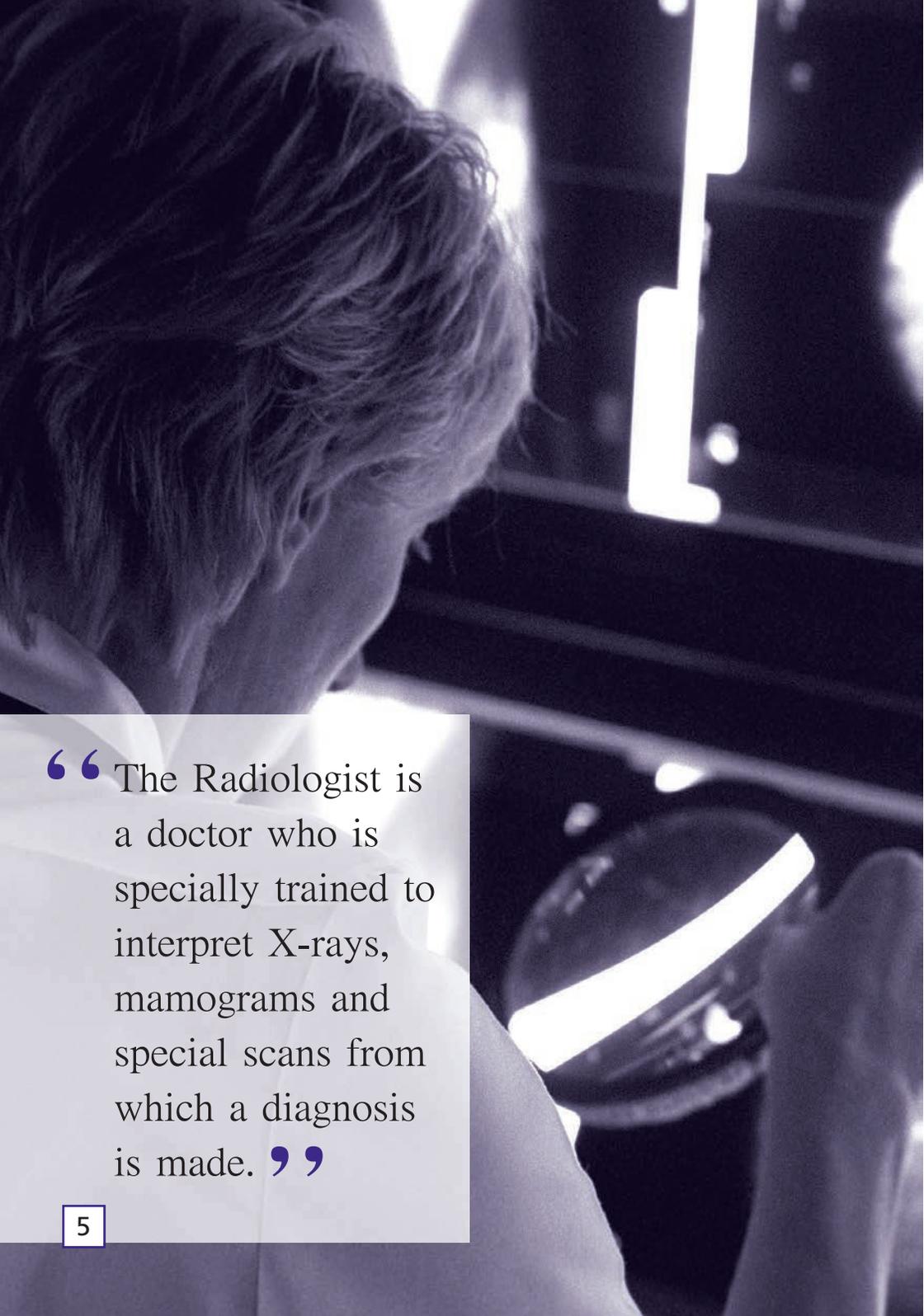
Mrs Lorraine Newton – 01274 365190

Mrs Sakina Iqbal – 01274 365190

Mrs Kathryn Hodgson – 01274 365526

Mrs Kathryn Kitchen – 01274 365431





“ The Radiologist is a doctor who is specially trained to interpret X-rays, mamograms and special scans from which a diagnosis is made. ”

The Radiologist

This is a doctor who is specially trained to interpret X-rays, mammograms and special scans from which a diagnosis is made, and who is an expert in carrying out diagnostic tests.

Bradford Teaching Hospitals has five consultant radiologists

Dr Gemma Smith – Director of Breast Screening Services

Dr Paul Burrows – Consultant Radiologist

Dr Anne - Marie Wason – Consultant Radiologist

Dr Dalibor Grucic – Consultant Radiologist

Dr Shazia Khan – Consultant Radiologist

The screening service also benefits from the skills and expertise of one additional consultant radiologist who provides screening radiology services in Bradford and symptomatic breast radiology services in Huddersfield.

Dr Simon Dennis – Consultant Breast Radiologist.



The Pathologist

This is a doctor who is an expert in looking at cancer cells under a microscope and advising on their appearance to guide decisions on treatment. Bradford Teaching Hospitals Breast Team has two consultant pathologists.

Dr Pauline Carder – Breast Pathology Lead and Consultant Breast Pathologist.

Dr Julian Ostrowski – Consultant Breast Pathologist.

The Oncologist

This is a doctor who is an expert on non-surgical treatments of breast cancer.

A clinical oncologist specialises particularly in radiotherapy but may also have experience in chemotherapy and hormone therapy. Bradford Teaching Hospitals benefits from the cross working relationships with Leeds Teaching Hospitals and the named clinical oncologist for the team is:

Dr Emma Thomas – Consultant Clinical Oncologist.

Telephone - 0113 2067822

A medical oncologist specialises in chemotherapy and hormone therapy. Bradford Teaching Hospitals has two consultant medical oncologists:

Dr Chris Bradley – Consultant Medical Oncologist

Dr Shazza Rehman – Consultant Medical Oncologist.

Telephone - 01274 364095

Research Nurse

This nurse identifies patients who are eligible to take part in research studies. The research nurse provides patients and their families with information about research studies, co-ordinates treatment and supports patients whilst they are taking part.

Bradford Breast Team has one named research nurse attached to the team:

Mrs Helen Robertshaw

Telephone - 01274 383435

Additional information

At some point during your treatment, you may wish to visit The Cancer Support Centre or Breast Cancer Haven. Both of these units offer personal, individual support and therapies to help you manage the effects of your cancer treatment.

The contact details for each of these centres are listed for your information and our support team will be happy to help you.

Bradford Cancer Support Centre

Daisy House Farm
44 Smith Lane,
Bradford BD9 6DA

Telephone - 01274 77 66 88



Breast Cancer Haven

4-5 The Gateway West,
East Street,
Leeds LS9 8DA

Telephone - 0113 284 7829

Further support Bosom Friends

Evening Group Meetings (third Wednesday of each month) 7.00pm at Cancer Support Centre Daisy House Farm, 44 Smith Lane Bradford.

Further Information

Sue Hodgson (Chair) Telephone: 01274 674381
and Carol Kettle (Secretary) Telephone: 01274 638606.

Other Useful Information:

Breakthrough Breast Cancer

Telephone: 08080 100 200

Web Site: www.breakthrough.org.uk

Macmillan Cancer Relief

Telephone (Helpline Free): 0808 808 2020,
Mon – Fri 9am to 9pm

Web Site: www.macmillan.org.uk

Breast Cancer Care

Telephone (Helpline Free): 0808 800 6000

Web Site: www.breastcancercare.org.uk

By Textphone

We use Next Generation Text for people with hearing difficulties. This used to be called BT Text Relay.

Breast Care Nurses

(answer phone) 18001 01274 365190.

This will be answered between the hours of 9am-5pm (Monday–Thursday) 9am-4pm (Friday).

Out of hours concerns should be directed to your GP.

Breast Secretaries

18001 01274 365734 / 365844 / 365063.

Prosthetic Appointments

18001 01274 365190

Research Nurse - 18001 01274 383435.

Smoking

Bradford Teaching Hospitals NHS Foundation Trust is a smoke-free organisation. You are not permitted to smoke in any of the hospital buildings or grounds, with the exception of the smoking shelters which are provided for visitors and patients only.

If you need this information in another format or language, please ask a member of staff to arrange this for you.



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